Checklist for websites to assist with accessibility

In web pages:	Yes	No
Images have alternative (alt) text (unless they are purely for decoration)		
Images are not used for text, unless the image is part of a logo or brand name		
Audio and video have subtitles, captions or written transcripts available		
Audio and video can be paused or stopped by users		
There is strong colour contrast between text and background		
Colour is not used as a prompt or to convey information		
Text can be increased and decreased in size by the user		
Links describe where the link is going, not the url address		
Links to documents contain the document type and file size		
All documents are available in an accessible version (ie in both Word doc and PDF)		
All parts of the website can be accessed using only the keyboard		
There is more than one way to find information (search/sitemap/navigation)		
Labels are presented next to fields that require the user to enter information		
There are no time limits imposed on users		
Pages do not contain quick flashing (ie more than three flashes a second)		